Wellspring Living

2022 LIFE-CHANGING IMPACT REPORT

transformations
Dear GRP Staff,

Where do I even start? I’m writing to let you know that I appreciate you. I can’t believe I’ll be graduating from high school in just a few months! I will be the first one in my family to finish high school and go to college. Tell the clinician that I am using all my coping skills to stay out of trouble. I am grateful for the love and support you have given me. I am so happy you didn’t give up on me.

- Mary Frances Bowley
Amanda came in with just the clothes on her back, malnourished and exhausted. She was apprehensive about trusting the staff and her peers, remaining quiet and closed off in group settings. She cried when she thought about her daughter. She didn’t think she could stay in the program and wondered if the staff was genuine.

“You helped me clean out the garbage of my life. I’ve been healed from so much of my past. I feel so much safer and can trust people more. I am confident that my dreams of owning my own home and being a good mom to my daughter are becoming a reality.”

Amanda

Age: 27
Months in Program: 17

Education: Did Not Graduate High School

Anxiety Level: 27 - 28
Depression Level: 42 - 8

Pre-Program Barriers
- Sexual abuse began at age six
- Became homeless in middle school
- Was trafficked by her older “boyfriend” at 15 years old
- Dropped out of high school at 16
- Addicted to meth for over 10 years
- Lost custody of daughter

Post-Program Growth
- Making healthy choices and setting appropriate boundaries
- Displaying healthier coping skills and regulating emotions
- Transitioned to living in the Wellspring Living Bridge Community
- Secured full-time, living wage employment
- Reunited with her daughter
- Has a renewed sense of confidence in herself, her abilities, and her future

Latoya saw an ad for the Women’s Academy on Instagram and decided to apply. She stated that she had never liked school and the only time that she remembered learning was when she went to a new school and was put in a class that only had a few other students. Upon entering WA, she had dysfunctional relationships with her children, parents, and siblings.

Latoya

Age: 32
Months in Program: 34

Education: Acquired GED

Anxiety Level: 3rd
Depression Level: 6th

Pre-Program Barriers
- Grew up in a household full of violence
- First victimized at 12
- Dropped out of school at 15
- Experienced homelessness multiple times throughout her early adult life
- Undiagnosed mental illness

Post-Program Growth
- Earned GED and Microsoft Office certifications
- Obtained full-time, living wage employment
- Utilizing healthy coping skills to regulate emotions
- Renewed relationships with family members, including children

After completing six 10-week GED sessions, Latoya was able to get testing accommodations due to her anxiety disorder and subsequently earned her GED Certificate. Clutching her certificate with tears in her eyes, she told her peers and the team, “I have started so many things, and I finally finished something.” At the successful completion of her Apprenticeship Track, she stated “I am a better wife, mom, and business woman because of what I have learned here.”
The Wellspring Living Institute has been invaluable in every step of our organization's process, from grassroots anti-trafficking advocacy to acquiring our nonprofit status, building our structure, and connecting us to other vital partners and resources necessary to completing our goals.

Post-Institute Growth and Achievements
- Attended Institute trainings and multiple site visits to gain an understanding of residential care
- Created a strategic plan to open the first facility in their state to serve trafficked girls
- Acquired property and renovated a space to serve 10 girls
- Opened in March 2022
- First graduate in August 2022

Pre-Institute Barriers
- Lack of knowledge of best practices in serving victims
- Needed a safe location
- Needed leadership training
- Challenges navigating government systems to acquire childcare license
- Needed to develop collaborative partnerships

Pre-Graduate Services Barriers
- Did not have a savings account
- Experienced several years of couch-surfing with friends
- Only held minimum wage jobs; no way for independent living

Current Achievements
- Has been living independently in the Graduate Village for almost three years
- Has over $10,000 in her savings account
- Has a safe, supportive community
- Enjoys caring for her home and loves having her own garden
- Has been steadily employed for over three years; receiving two promotions

"The Graduate Village has changed my life and how I view myself. I can be myself here. I don’t always agree with everything the community coordinator says and she doesn’t always agree with me but she listens to me and has always accepted me for me no matter what.”

Meet Molly

Molly

Graduate Support Services

28-31
Age

30
Months in Graduate Village

About the Institute
To provide access to transformational care to victims of sexual exploitation by mentoring emerging organizations to establish sustainable, trauma-informed, comprehensive programming.

Participant's Served
9k+

States & Countries Reached
38 & 13

Organizations Mentored or Trained
102

Organizations Mentored Are Still Open Today
93%

Participating Organizations Mentored Are Still Open Today
93%

Participants Served
9k+

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transforming lives
of those at risk or victimized
by sexual exploitation

*CPSS Assessment and Beck Inventories
The CPSS Assessment is also known as the Child PTSD Symptom Scale. The Beck Depression Inventory (BDI) measures characteristic attitudes and symptoms of depression.

Our 2022 Life Changing Impact Report was developed in consultation with Thomson Reuters.