

Wellspring Living Institute: MENTORSHIP PROGRAM



Introduction

Wellspring Living exists to confront the issue of childhood sexual abuse and exploitation through advocacy, education and treatment programs for girls and women.

Our hope is to see women and girls step out of their pain and begin to rebuild their lives.

The Wellspring Living model offers a holistic, individualized and interdisciplinary approach to helping girls and women who have been victims of commercial sexual exploitation and sexual abuse.

Our approach has been proven to be one-of-a-kind in the United States and is seeing monumental success.

Over the past four years, Wellspring Living has trained individuals and groups from more than 20 different cities in the United States on opening restoration homes for girls and women.

Through the Wellspring Living Institute, we hope to assist even more organizations through networking, training, and mentoring.

Wellspring Living understands the great effort and personal calling that it takes to create and maintain a successful restoration program.

We desire to walk alongside your organization as you seek to serve girls or women coming out of abuse and into bright futures.

This document is intended to offer a framework for our Mentorship Program, a relationship that should unfold over a multi-year time span.



Our Programs

Wellspring Living offers mentorship for organizations that are interested in starting or building a program for women, a program for girls or both.

The Women's Program connects a caring community with women seeking a way out of unhealthy lifestyles. This residential program promotes healing, wholeness, independence, and family reunification by dealing with the serious issues participants face in a holistic way. We offer the opportunity for an individualized recovery plan through mentoring, counseling, coaching, life skills, education, family therapy and spiritual encouragement.

The Girl's Program provides a residential therapeutic and educational program for child victims of forced prostitution and sex trafficking. The Girl's Program includes services such as counseling, group therapy, education, life skills, vocational training, family reunification and spiritual care.

Mentorship Philosophy

Our number one priority is to provide philosophy, structure, relational help, and ongoing troubleshooting that will create a safe place for healing to begin in new recovery programs.

Mentorship Goals

- » Replicating best practices and program policy for services to survivors.
- » Increasing capacity for survivors through support of new development efforts.
- » Encouraging nonprofit management efficiency for organizations serving survivors.
- » Creating a network of like-minded service providers who think creatively about care for survivors.

Phases of Implementation

The Phases and topics of Mentorship are presented below.

READINESS PHASE

The Readiness Phase includes a Self-Assessment and Independent Work Plan provided by Wellspring Living. This phase helps organizations get a solid nonprofit foundation before applying for the Mentorship Program. If desired, Wellspring Living can provide minimal, monthly support during this time. Please contact Brianna at bcampbell@wellspringliving.org for more information.

Our Programs



APPLICATION

Once you feel that your organization has completed the Readiness Phase, you may apply for the Mentorship Program. The application typically takes a month to process. Please contact Brianna at bcampbell@wellspringliving.org for more information about applying for mentorship.

MENTORSHIP PROGRAM

Once a mentorship client is accepted, Wellspring Living provides a full organizational assessment and develops a long-term work plan. The full range of topics and resources are listed below:

I. ORGANIZATIONAL STRUCTURE

- » Vision and Philosophy
- » Guiding principles and core values
- » Organizational Policy and Procedure
- » Developing target population
- » Developing continuum of organization services and scope of care
- » Measuring outcomes and outputs
- » Board Development
- » Fundraising
- » Developing streams of revenue, i.e. store development
- » Branding and marketing
- » Building partnerships
- » Staffing structure and qualifications
- » Job descriptions
- » Risk management and legal concerns
- » Licensing

II. FOUNDATIONAL PROGRAM DEVELOPMENT

- » Trauma-Informed Care
- » Strength-based approach
- » Program Policy and Procedure
- » Intake procedures and assessment
- » Presenting issues
- » Individual service planning
- » Therapeutic interventions
- » Educational services
- » Life skills and vocational training
- » Faith integration
- » Ethical considerations
- » Informed consent and victim's rights
- » Staff training
- » Coaching technique
- » Program scheduling
- » Record keeping and documentation
- » Safety and health concerns
- » Family engagement
- » Behavior management
- » Community and volunteer involvement
- » Transition and aftercare

III. SITE SUPERVISION AND TROUBLESHOOTING

- » Site visits for new program facilities
- » Participation in staff trainings and meetings via video calls
- » Leadership support and networking opportunities

If you are interested in mentorship opportunities, please contact Brianna at bcampbell@wellspringliving.org.

For more information about us, please visit our website at: wellspringliving.org